# Transcript for Beat Chris YP{4H Summer Step Challenge

## Chris Kabourek appears on screen

Hey everyone! This is Chris Kabourek, senior vice president for Administration and Planning. Great to see all of you I hope you're getting ready to enjoy a really active summer. Two things I love in life are athletics and competition and so I'm wondering if you're up to a challenge with with me. Let's see how active we can get this summer! Track your steps, run, whatever activity you might do and record it and enter it into a contest to see how you compete with me. We'll compare each other's progress throughout the month and you might be eligible to win prizes. Participation is optional, but I hope you find it a reason to get out and get healthy this summer. Thanks for all you do. Let's make A&P the healthiest department in Buckeye Nation. Go Buckeyes!