

JANUARY 17 – FEBRUARY 10

# Winter Wellness STEP CHALLENGE



ADMINISTRATION AND PLANNING  
& STUDENT LIFE

REGISTER BEGINNING  
JANUARY 9



THE OHIO STATE  
UNIVERSITY

- ▶ Create or join a team of up to 10 via Virgin Pulse.
- ▶ Form teams with A&P and SL staff, A&P staff only or SL staff only.
- ▶ Earn 250 points by tracking at least 175,000 steps.